

## Your Personal Measurement Chart

To help you select the garment size for your height and figure

There are no 'true to size' claims at Miss G & Me; we are essentially establishing our own taller silhouette size guide, one that is loosely based on the vague Australian size standards.

You are more than a number on a pant size and for a while, it will be an exercise in curiosity to determine how the Miss G & Me range will fit you.

Your curiosity here will be well worth it; when you can select and wear clothes that are designed for your taller silhouette, your entire physiology and mind set can benefit. Fidgeting and adjustments stop, in cooler climate (Hello! fellow Tasmanian's) warmth can be maintained, your finances improve, your representation to the world becomes what you want it to be, not simply what was available and you made do.

We have developed two ways to support you in your 'elle va bien dans sa peau' journey — our personal measurement chart and the member's only forum. There you'll be to discuss each item and ask fitting questions before your purchase — and share your styling inspo!

Knowing your body measurement details and reviewing the design information for each garment will increase the trust in our designs and garments.

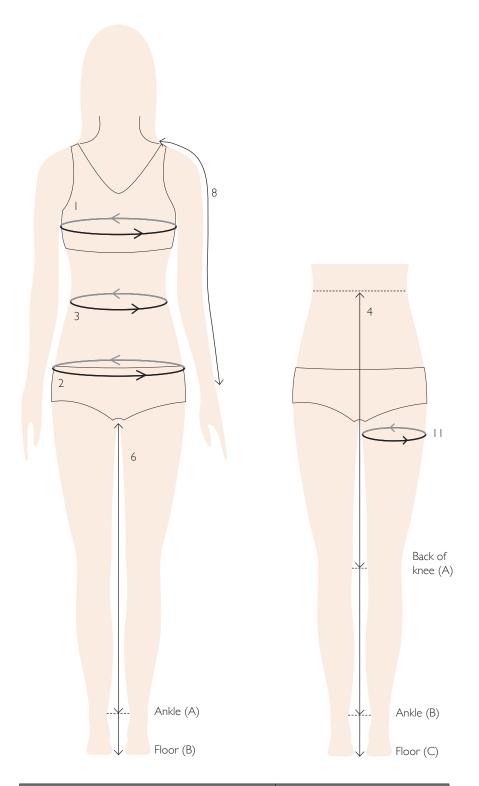
Listed on the next page are the measurements you'll require to determine which garments from our collections and size will fit you best; simply compare with the information provided on the website before deciding on the size.

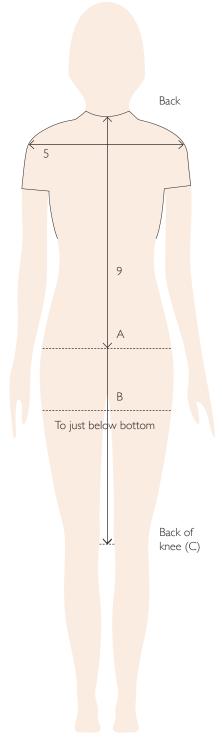
Remember: blouse, dress, jacket, coat and suit patterns by BUST measurement. Skirts, slacks and shorts by WAIST/HIP measurement.

To define your waist: Gently tie some elastic at your natural waistline, which is located above your belly button and below your rib cage. (If you bend to the side, the crease that forms is your natural waistline.)

Leave this elastic for the duration of the measurement process; you'll refer to this point often.

Our garments are designed for a relaxed fit, even the leggings – if you prefer a tighter fit, size down.





Body Measurements	Cms		
I. Bust - around the body			
2. Hips - around the body			
3. Natural Waist			
4. Waist - knee, ankle, floor	Α	В	С
5. Shoulder Width			
6. Inside leg - floor and ankle	Α	В	
7. Shoulder to wrist (arm slightly bent)			
8. Neck to wrist (arm slightly bent)			
9. Centre back	Α	В	С
10. Bicep circumference			
11.Thigh circumference			

